



ANNUAL REPORT 2018



The Glasgow NW Foodbank is facilitated by Blawarthill Parish Church of Scotland, it was launched in May 2013 and is part of the Trussell Trust Food bank Network. 2018 marked the 5th anniversary of the food bank, and the 2nd anniversary of our Gairbraid and Ruchill Kelvinside food bank centres. Our Project Manager post was split and we now have two



Welcoming Sue Robinson Food Bank Manager

paid-part time managers. We are pleased to welcome Sue Robinson, Food Bank Manager alongside Kyle McCormick, Project Manager and Co-ordinator who were aided by over 40 regular volunteers. Sue brings with her a wealth of knowledge experience help us further the food bank. The managers posts continue to be part funded by the Robertson Trust

Food+ donation

The food bank purchased 10,205kg (14%) of the food+¹ that the food bank urgently needed. 46.6% of food+ was donated by customers in supermarkets: Sainsbury's: Crow Road, Byres Road, Novar Drive & Braehead. Waitrose Byres Road, Tesco: Knightswood, Byres Road, and Maryhill. Co-op Alderman Road and Keystore Great western Road stores. From the agreement with Tesco & Trussell Trust, the food bank receives a 20% top up². This came to £8475 in 2018. 1212kg was donated by other Trussell Trust food banks. In all 72.5 tons³ were donated by 99 recorded donors. This includes churches, nurseries, schools, colleges, universities, companies, individuals, clubs, NHS staff, prison staff, banks, bands and football fans. This is a decrease of 5.3 tons on 2017.

Sainsbury's Partick continued to donate bakery produce and on occasions fresh fruit/veg; this came to 800kg that otherwise may have gone to waste.

¹ Food+ includes food, toiletries, cleaning products

² 20% Tesco top up is paid on 20% of the weight @ £1.75 per kg

³ The monetary value of food+ donations for the year at £1.75 per kilo is £126.8k

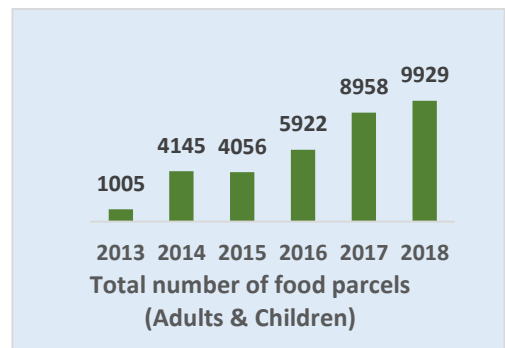
December Continues to be the busiest month of the year with almost 14.5 tons donated. This is in comparison to an average of 5271 kg per month from January – November. The food bank has limited storage which is pushed to its limits in December & January. All donations are greatly appreciated, however, we are encouraging organisations and individuals to donate throughout the year, rather than just at Christmas. February and March are particularly difficult months for the food bank when donations tend to drop below the average for non-peak periods.

Food supplies given out

The table shows an 11% increase in demand for our service across the North West of Glasgow. Over the years there have been several factors for the continuing increase in demand for our services. In 2018 the largest influences have been Asylum Seekers, some of whom received minimal support from the government and others that receive no support. Universal Credit was rolled out across Glasgow, however, the impact of this could be felt more in 2019, unless there are significant improvements to how it is rolled out to new claimants.

Benefit delays resulted in 25.8% of referrals, low income 17.6%, benefit changes (inc. sanctions) 16.1%, no recourse to public funds 12.1%.

To the end of 2018, we have received a total of 16,022 referrals, and have given out over 318 thousand meals. That is an average of 2.2 people per food voucher.



	2018	% increase
No of referrals	4661	9%
No of three day supplies that went to adults	6316	9%
No of three day supplies that went to children	3613	14%
Total number of food parcels (adults & Children)	9929	11%
Total number of meals	89,361	11%

Over 1.8 tons of food/toiletries were damaged or out of date (up 0.2 on 2017), 65.5 tons of food/toiletries were distributed to our clients and 1,794kg was given out via our more than food programs. 844kg of food was given to other local food agencies.

Fleet Alliance van

In 2016 Fleet Alliance very generously donated a van to the food bank, improving our ability to get food to our food bank centres. Since then the van has helped us to collect food and deliver it to our food bank centres. In 2018 their annual Stars in their eyes fundraiser brought in a total of £6547 for us and the Glasgow NE Foodbank. In 2019 Fleet Alliance will be giving all the proceeds to ourselves with the aim to getting us a bigger van.

Co-op Membership

The food bank was successful in securing funding from the Co-op Local Community Fund for 2017/2018, which brought in £3,423.77 and again in 2018/2019, which will be used to bridge the gap in our food donations. Every time Co-op members choose Co-op branded products and services and use their Co-op Membership card (subject to Co-op Membership T&Cs) 1% of what they spend will go to their chosen cause. Members can change their choice at any time until the end of the giving period.

If you wish to support us when you shop at the Co-op, please go to <https://membership.coop.co.uk/causes/25896>

If members don't pick a cause during the giving period, then their 1% is shared out equally between the three local causes in their community. Any funds raised will be paid out soon after the closing date of the fund.



Fleet Alliance
STARS IN THEIR EYES
A charitable event in aid of
Glasgow NW Foodbank **2019**

Friday 10th May, 7pm
Drygate Brewery, Glasgow
Tickets: £12

Join us for our annual Stars In Their Eyes event where 10 acts will battle to be crowned our 2019 champion by a panel of Judges.

We are looking for performers - solo, duets or groups - £10 entry fee. Spaces are limited, so don't miss out!

★ 1st Place: £250 cash & 2 Hydro Club tickets*
★ 2nd Place: £150 cash
★ 3rd Place: £100 cash

*Hydro Club tickets TBC

For all ticket information and performance enquiries please email: stars@fleetalliance.co.uk
(Glasgow NW Foodbank registered charity number SC006410)

in support of **foodbank**

Youth Philanthropy Initiative

YPI is an inclusive, multi-award-winning secondary school program that grows compassionate communities by connecting youth to social issues, local charities, and philanthropy at a pivotal stage in their adolescence.

There have been several applications made by schools in the last few years to secure £3000 of funding for our foodbank, however, none had been successful, until this year, when pupils in Knightswood Secondary made a winning case that is resulting in £3000 being awarded to us to buy food+



Knightswood Secondary YPI winners 2018

Helping people when they come out of prison

For the 4th year running, the food bank supported those who were liberated from HMP Low Moss HMYOI Polmont over the Christmas & New Year period and were identified as being in need of help from the food bank. This is continuing to have a positive impact when people are being liberated. We continue to promote this aspect of our work all through the year, as the problems the prisoners have upon liberation does not just happen at Christmas, it is just that the period without help is extended over Christmas. We continue to seek changes to reduce the need of the food bank when people are being liberated to ensure that they are given the full access to services in advance of their liberation, thus also helping to reduce re-offenders rates.

School Holiday Meals

£1000 from Robertson Trust fund for year 2 was used to fund our holiday programme. This went well, though we did struggle with recruiting volunteers to run the programme. We did our best with the volunteers we had. In total 23 families registered to attend, however not all could attend every day, so this enabled more families to attend than we would have been able to accommodate due to our limited space. This came to 52 children and 23 adults

registered. We gave out 124 soup packs for the parents to take and make at home. When we had enough volunteers, we demonstrated how to make the soup while the children were playing games. The spare soup packs were handed out to clients at the food bank so that there was no waste. We gave out 383 meals (excluding soup packs) over the 11 days we were open. By providing our holiday program exclusively for children (and their parent) in receipt of free school meals, it meant that we were able to reduce holiday hunger, as those that we helped would have struggled to be fed over the summer.

Referring Agencies

117 referring agencies referred to our food bank through 2018, this is down slightly from 2017, due to various government organisations both at UK and local level, and charitable organisations cutting back / merging frontline services. Due to these cutbacks many clients have had to travel further to access support. For some of our clients this has resulted in increased travel costs or further distances to walk.

We are continuing with the roll out of our e-referral system. It has been found that organisations that use the e-referral system are able to make more informed decisions when referring clients to the food bank based on how often the client is needing help and where the client is accessing referrals for the food bank. This also ensures that clients get the most appropriate support helping to reduce dependency etc. on the food bank, enabling the food bank to maintain its stance as an emergency food provision and not long term aid.

We are seeking agencies to change from red/orange vouchers to e-referral, please contact us if you are interested.



*Tesco Byres Road, Dec 2018
with Amey Plc*

Thank You

2018 brought many changes for the food bank, with the welcoming of our new manager, changes to the benefits system and changes in the services that referred to our food bank. We faced challenging situations throughout the year, no two days were the same, but we had an amazing team of volunteers to help us ensure that there was food and support for those that needed our help. Thanks also to Tomorrows People for brining groups to help paint our Blawarthill foodbank centre and help to sort food donations. Our statistics continue to show that the need for your support is great, and there is much still to be done at local and national level to eradicate food poverty. We would cease to exist without the support of our volunteers and our donors. Thank you for this wonderful support!

Aim for 2019	What that will achieve
Assess the needs of approx. 3000 individual clients and provide them with appropriate three day emergency food parcels Maintain a stock of a nutritionally balanced range of food, liaising with other food banks to share excess and address gaps. Review and increase the number of referring agencies and roll out of an e-referral system to appropriate agencies (e-referral roll out to 18% up from current 12.5%).	Help to alleviate food poverty, with dignity and choice, for individuals and families in crisis.
Recruit and train three volunteers to engage with clients to establish what their underlying cause of crisis is, identify and refer/signpost to other support agencies. In cases of crisis support and advocate for individuals during ongoing transition from food bank to benefits. Continue to deliver seasonal work for prisoners being released at Christmas, co-ordinate Christmas at Home and roll out the school holidays meals programme.	Individuals and families will benefit from increased knowledge and awareness to access wider support services to improve their crisis situation.



Main Contact details

Blawarthill Food Bank Centre

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Email: info@glasgowNW.foodbank.org.uk

Gairbraid Food Bank Centre

Gairbraid Parish Church
1517 Maryhill Road
G20 9AB
Mobile: 07519189083
(Phone Monday only)

Ruchill Food Bank Centre

Ruchill Kelvinside Parish Church
15-17 Shakespeare Street
Maryhill
G20 8TH
Mobile: 07763644479
(Phone Thursdays only)

To donate via the Co-op:

www.membership.coop.co.uk/causes/25896



For a full list of our partners please go to:

<https://glasgownw.foodbank.org.uk/give-help/partner-with-us/>

If wish to appear as a partner on our website please email us.

Glasgow NW Foodbank is facilitated by Blawarthill Parish Church of Scotland
Glasgow, Registered Charity No: SC006410 Registered in Scotland.

