

GLASGOW NW FOODBANK

ANNUAL REPORT 2022

INTRODUCTION

The Glasgow NW Foodbank <https://glasgownw.foodbank.org.uk> was launched in May 2013 and is part of the Trussell Trust Food Bank network; <https://www.trusselltrust.org>. 2022 marked the 9th anniversary of our Foodbank. In 2022 we emerged from the impact of the Coronavirus pandemic, and we were once again able to operate a normal service both in terms of how we operated and how local people suffering the effects of food poverty accessed our services.

The purpose of this annual report is to provide informative and helpful detail to all who may require it.

OUR VISION

Our vision is that of a fairer society in which hunger and food poverty are consigned to history.

OUR MISSION

Our mission is to work together with referral agencies, partner organisations, faith and community groups to end hunger and food poverty in the north west of Glasgow, by providing emergency food supplies and hygiene products directly to individuals in need, and by raising awareness within the community and with other organisations working to prevent or relieve poverty.



OUR VALUES

We offer our services to all, regardless of faith or any other distinction. Our values are broadly based on Christian principles, which includes support to the most needy and vulnerable as a central principle, however we do not require any faith commitment of those who volunteer with us; we do expect they will share our core values. These values guide how we carry out our mission:

- providing help without creating dependency.
- treating people with compassion, fairness, dignity and respect while respecting confidentiality.
- maintaining a friendly and welcoming environment, a listening ear and a compassionate manner.

HOW THE FOODBANK WORKS

In common with all Trussell Trust foodbanks, Glasgow NW is a referral based foodbank. We work with partner agencies to identify those who are in genuine need of emergency food support. While referrals account for the vast majority of the clients we support, in a small number of cases we provide parcels in emergency to self-referring callers who are in genuine need. We direct them in turn to established referral agencies for any future food need, and signpost them to a range of support agencies where any underlying issues can best be addressed. While we normally expect clients to obtain a voucher from a referring agency, so as to ensure clients are assessed to be in genuine need, we are always happy to talk to anyone presenting without a voucher, and in most cases we will be able to issue them an emergency parcel. We believe this system gives confidence to our supporters that the food we gather is going to those in the greatest and most genuine need.

Food parcels contain a three day supply allowing for three meals a day. The basic parcel of non-perishable goods is supplemented whenever possible by fresh bakery, fruit and veg, confectionery and other donated goods. Cash donations enable us to purchase supermarket vouchers. These also help clients to top up their parcel with fresh produce.

Our main operating base is at Blawarthill Church of Scotland, Millbrix Avenue, in the Scotstoun area of Glasgow. Our main warehouse is situated there, where we receive, sort and distribute donations. There we also have our admin office, headed up by our Operations Manager. We have a comfortable meeting area where visitors are received and clients can be interviewed. There is a small café area. The Blawarthill centre is open to clients from 12 noon to 2 p.m. on Tuesdays and Fridays.

Our second distribution centre is at the Victory Family Centre, Possilpark, the Glasgow outreach of an international Pentecostal Church. This centre began by opening on Wednesdays from 12 noon to 2 p.m. and then progressed to opening also on Thursdays at the same times. According to the Scottish Index of Multiple Deprivation (SIMD) Possilpark is one of the most deprived neighbourhoods in Scotland, ranking 12th and 14th in the most deprived 5% of the population.

MANAGEMENT OF THE FOODBANK

Shona Simm began working with us in December 2020 as our Operations Manager. In December 2021 she was joined by Michelle Kellett-Smith, in a newly created part-time post, as our Project Development Officer.



Shona, Manager; Michael, Volunteer; Michelle, Project Development Officer

WHAT WE ACHIEVED

BREAKDOWN OF PEOPLE HELPED IN 2022 (2021 FIGURES IN BRACKETS)

We received **58,115 Kg of donations** in 2022 (68,726 Kg)
We supported **5,554 people** (7,074) in food crisis;
consisting of **3,632 adults** (4,264) and **1922 children** (2,810).
The total number of meals we supplied was **49,986 meals** (based on 3 a day for 3 days).

We passed on donations we could not distribute directly from our Foodbank, to other foodbanks and charities in Glasgow which support people in need - **8,148 Kg.** (7,194 Kg).

We had to dispose of 1,201 Kg of out-of-date or damaged stock (down from 1,983 Kg in 2021).

A table of comparative statistics for each year of our operation can be found at Appendix E.

DONATIONS BY WEIGHT RECEIVED

From our total donations received - 58,115 Kg. (That's 58.1 tonnes!)...
Donations from donors via supermarkets totalled 42,62Kg. (51,480 Kg).
Donations direct from individual donors totalled 3,671 Kg. (5,702 Kg).
Donations from other charities totalled 628 Kg. (2,564 Kg).
Donations from the education sector totalled 1,680 Kg. (2,459 Kg).
Donations from community groups totalled 2,832 Kg. (2,352 Kg).
Donations from corporates totalled 2,302 Kg. (1,984 Kg).
Donations from churches totalled 1488 Kg. (1,075 Kg).
Food we purchased ourselves totalled 2,802 Kg. (459 Kg).

Many of our food donors were anonymous. However we have recorded known donors in Appendix A. We are grateful to each one.

CAUSES OF CRISIS

Where factors were recorded indicating the reasons for referral, these were as under. We can see that Benefit changes accounted for fewer referrals as the rollout of Universal Credit was completed. Fewer people also presented as homeless, possibly due to Government measures taken during the Covid pandemic. On the other hand there was a steep rise in those who had “no recourse to public funds” - a category whose status is subject to Immigration control.

	2022	2021
Low income	2211	3983
Benefit changes	327	399
Benefit delays	607	643
Homeless	273	194
Debt	283	357
No recourse to public funds	531	655
Sickness	740	106
Delayed wages	12	10
Domestic violence	45	69
Refused STBA	16	29
Child Holiday meals	4	15
Other	505	614

CHAIR'S VIEW

AN OVERVIEW OF 2021 BY REV. G. MELVYN WOOD, CHAIR

THE YEAR IN SUMMARY

2022 again saw a decrease in food distributed compared with the previous year. This was accounted for partly by an increased use of other foodbanks (which typically give out food on demand without screening for need) and food pantries (which charge a nominal fee for their food) and partly by an internal audit of our referring agencies, with a number being deleted who were not meeting appraisal standards. Demand nonetheless remains considerable, and all the indications are that we shall need to retain current capacity to service the coming needs of those worst affected by a steeply rising cost of living, as well as people who will continue to be displaced to Glasgow by global crises. Donations were also down on 2021, no doubt due to the increasing cost of living generally. With fewer clients and by topping up supplies by direct purchase from our funds (a 5X increase from 2021), we were able to satisfy demand. Cash donations remained an important part of our income and are recorded in the Financial Overview, Appendix F.

And food !

GOVERNANCE AND MANAGEMENT

Glasgow NW Foodbank is an organisation of Blawarthill Parish Church of Scotland and operates under its registered charity number, SC006410. Foodbank finances are administered by the congregational Treasurer and are held in a ringfenced fund within the congregation's accounts. Our financial year runs from 1st January to 31st December. The Annual Report and Accounts of the charity are published around the end of March each year. They are checked by an independent examiner and scrutinised for compliance by the Presbytery of Glasgow before being submitted to the charity regulator, OSCR.

The charity trustees are the members of the Kirk Session of Blawarthill Parish Church who are listed in its Annual Report and Accounts. Operational matters are administered by a Foodbank Governance Committee, which includes selected trustees, volunteers and others with the requisite skills. External distribution centres are also represented on the committee, which meets at least twice a year.

The trustees employ managers to run the Foodbank, who during 2022 were an Operations Manager (full-time) and a Project Development Officer (part-time). Staff appraisal



meetings are held, and salaries are normally reviewed annually. Staff are line-managed by an appointed trustee, who was, during 2022, the Minister of Blawarthill.

Glasgow NW Foodbank operates as a franchise within the Trussell Trust foodbank network. In 2021 we entered into a new Franchise Agreement with the Trust in order to comply with the latest legislation. Our Data Sharing Agreement was also updated and relevant documents were signed off in early 2022. We work closely with the TT Area Manager as our first point of contact for any queries or difficulties. A Governance Health Check, delayed by the pandemic and staffing issues, is expected to be undertaken in early 2023, and this will ensure that we comply with legislation and best practice in all areas of our operation.

OPERATIONAL REVIEW

New Distribution Centre at the Victory Family Centre

2022 saw the opening of our new distribution centre at the Victory Family Centre in Hawthorn Street, Possilpark. Possilpark, which falls into the NW Glasgow geographical area is a neighbourhood of longstanding social deprivation. It was previously under-served by the foodbank network. The official opening took place in February 2022.



Support was given to our hosts at VFC through the provision of signage, shelving and IT equipment. The centre has the ongoing input of our Project Development Manager Michelle Kellett-Smith and our volunteer van driver Michael Shanley who together administer the centre, along with the Pastor and volunteers from VFC. Volunteers were given the normal induction training. VFC has generously provided a welcoming space to meet clients and offer them tea and coffee. We are indebted to Pastor Roy Varghese who has been unfailingly supportive; he joins us *ex officio* on the NW Foodbank Governance committee.

Maryhill

Until Christmas 2022 we operated the Possilpark distribution centre in tandem with our well established distribution centre at Ruchill Church Hall in Shakespeare Street, Maryhill. In 2021 we learned that our hosts there were embarking on a period of significant change. The resident church congregation united with Maryhill Parish Church in 2022, and this raised questions about the future availability of the Ruchill building. While the Ruchill Church and halls were to be retained for community outreach work, we were advised that we would nevertheless have to vacate. Latterly all supplies had to be taken in and removed for every session. We continued in this way up to Christmas 2022. In the runup to quitting the building we explored a number of options that might have enabled us to stay in some other location in central Maryhill, however none of these proved fruitful. When it became apparent that there were no practical options to remain, we increased our opening times at VFC Possilpark from one day (Wednesdays) to two (Thursdays), 12 noon - 2 p.m. Some of our established client base from Maryhill now use the Possilpark outlet, and bus travel vouchers are issued when required. We remain open to resuming work in Maryhill should the opportunity arise. We are very grateful to the volunteers, some of long-standing, who supported our work at Ruchill up to the point of closure.



Christmas is always a busy time – donors are generous and our warehouse overflows

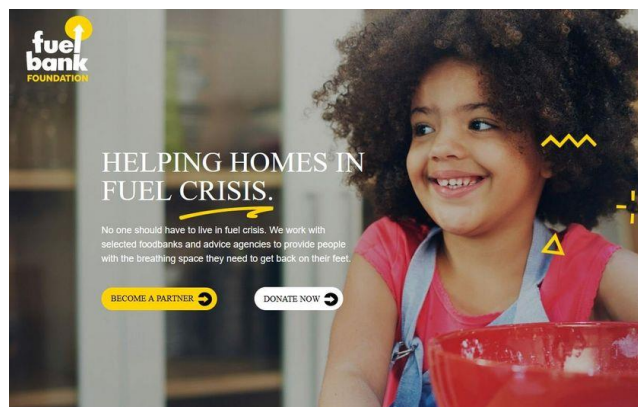
IT Equipment

In 2022 we upgraded our desktop computers and software at our base. We were also delighted to receive a number of Acer Chromebooks from Tesco Bank which had been used by their staff during the Covid pandemic and were now being donated to the Trussell Trust. Internet provision continued to be supplied by Virgin Business Broadband for wired and wireless online access, giving us a secure and effective link to the Trussell Trust's data hub.

During the year, we continued to be grateful to our Treasurer, Liz Glen, who has been closely associated with the foodbank from the start. Liz stepped in as relief manager at Blawarthill to cover holiday times. For practical support in the day-to-day operation of Glasgow NW Foodbank, we are indebted to the members of our Foodbank Governance Committee, and for overall governance to our Elder trustees.

FUEL BANK

During 2022 we became a Fuel Bank as well as a Foodbank. In partnership with the Fuel Bank Foundation we are now able to issue fuel vouchers to households which use pre-payment meters.



In this scheme, which is funded by energy companies, people can visit a participating foodbank and receive (in 2022) a £49 credit which they can use to top up their gas and electricity meter. This enables households that have run out of energy to get the power back on within a few hours and keep the lights and heating on for up to two weeks. Like the Foodbank, the Fuel Bank operates via a bespoke national database, which enables coordination and minimises abuse of the system. We are grateful to our managers for taking on the additional admin burden.

WAREHOUSE

We continued to rationalise and manage our stock to enable us to operate effectively from the limited space in our main warehouse. Around Christmas in particular, storage space is inadequate, and the work can continue only with very the careful management of stock. We are grateful to VFC for the space it provides there, and we continue to use a container in Balmoral Street for the storage of excess long-dated stock. We review our storage options regularly.



Storage Space at VFC

We continue to ask volunteers to come in to the warehouse on Mondays and Thursdays when supplies for different family sizes are packed in crates. From these crates, some of which go to VPC, parcels can efficiently be distributed to clients, usually the following day. While opening times and places vary during the week, the work of the foodbank is carried out regularly on a Monday to Friday basis.

CLIENT SUPPORT

We continue the usual discussion of dietary needs and preferences with clients as they arrive at our distribution centres. The basic parcels that have already been prepared only need to be topped up with extras on the day. Where appropriate, we carry out a more detailed assessment of clients to determine any needs that underlie their need for food, so that effective signposting to partner agencies can ensue. This engagement often leads to the discovery of pastoral as well as practical needs and again these are met either directly or with appropriate signposting. While tea and coffee are generously provided at VPC, the limited space at Blawarthill, under increasing pressure from storage needs, limits what we can provide there. The kitchen is nevertheless open to provide teas and coffees to sustain the volunteers, as well as for clients who may require in-depth support or counselling. We are grateful to Isabel MacFarlane who as well as being a trustee, manages the kitchen and is more often than not, the point of welcome for clients as they arrive.



Volunteers who completed a sponsored 10K run for Foodbank funds.

DEMAND ON OUR SERVICES

During the course of the year, demand varied considerably from week to week. Demand normally declines after Christmas, but other agencies offering emergency food provision continued to account for some of the drop-off in our quieter weeks. Over the year we continued to work with “Glasgow Helps” - a Council run support system. They obtained food parcels from ourselves as well as from other sources; this accounted for some drop-off in clients accessing us directly. Food Pantries are increasingly prevalent and provide support to those who are able to manage their finances to a degree. However the foodbanks, particularly the referral-based ones like ourselves, continue to provide a safety net for the most needy. Unlike the Pantry movement which relies on supermarket surpluses which can be variable, our foodbank continues to offer a balanced parcel of provisions, supplemented whenever possible by fresh food and store vouchers. While our donations can also be unpredictable we have managed throughout another challenging year to supply clients with the normal variety of food, and to cater also for halal, vegetarian, vegan and specialist requirements on a regular basis, as well as parcels that can be used by clients who currently have no power to heat food where they live.

STAFFING

The year has presented some staffing challenges due to volunteers moving on and new ones being appointed. Happily, absences due to Coronavirus became less of an issue. Due to the loyalty of our volunteers and the organising of our Manager we never had to close our doors. We said goodbye to a small number who moved on for various reasons; we continue to have a steady stream of enquirers and we have welcomed new faces who quickly proved themselves to be willing workers, dedicated to supporting those in food poverty. We also get regular enquiries from companies who have a volunteer scheme for their employees. We try to accommodate these when possible.

THE COMMUNITY WE SERVE

The immediate neighbourhood around our Blawarthill centre has a mixed demographic. While some local residents enjoy a relatively comfortable standard of living, we are surrounded by some stubborn pockets of social deprivation, as indicated by Government SIMD statistics. On the ground we see continuing demand from refugees and asylum seekers who tend to be housed in the high flats and other difficult to let accommodation in our neighbourhood. This equates to the SIMD data. Current world events would indicate that this trend is sadly increasing, and we may expect further pressure on public services as time goes on, as our city takes its share of new residents from the world's places of conflict. This trend will inevitably impact upon foodbanks, adding to the clients who come our way for a range of different reasons, having fallen on difficult times.

As our name indicates, we serve a much wider area than the immediate vicinity of our warehouse. Our centre in Possilpark takes us into one of the most challenging districts of Glasgow in terms of poverty and social deprivation. Other non-Trussell foodbanks operate in some districts of NW Glasgow, and we are glad to share the load with them.

Nothing ever stays the same, and we are always sensitive to new areas of need opening up, where our intervention, always in collaboration with our valued partner agencies, might be helpful.

COMMUNITY SUPPORT AND KEY RELATIONSHIPS

We were grateful for the continued support of donors large and small in another challenging year. Numerous donations came from individual donors via supermarket collection points as well as direct to the foodbank. We could not have gathered in those donations without the dedicated support of our local shops and their staff. However the rise in home deliveries from supermarkets continues to reduce the number of customers visiting shops. Towards the end of the year, we witnessed the beginnings of a serious cost-of-living crisis accompanied by a massive rise in inflation. In 2022 we were yet to see the full effects of this locally in increased demand, however donors were beginning to feel the pinch and were becoming less able show their former generosity. This had an inevitable effect on donations to our collection points.

Our partnership with Spareable, an organisation which enables donors to give through an app on their phone to the foodbank of their choice, resulted in several sizeable deliveries of provisions during the year. Further details of the organisation can be found at www.spareable.co.uk.

Many workplaces, schools, community centres, etc. organise additional collection points at Christmas, and sometimes other times of the year. We are grateful to them all. We try to give them a mention on our social media, along with the normal photo opportunity.

Large donations from corporate donors have been less in evidence in 2022, due no doubt to the prevailing economic situation. Nonetheless, previous monetary donations have given us a comfortable cushion against the pressures of more constrained times.

We continue to receive steady donations of money from individual benefactors, large and small. We are amazed at the level of support they give.

Partick Thistle / JagsForGood

We have built up a strong relationship with Partick Thistle FC and collections at Firhill games organised by Jags For Good have been generous.



THANK YOU: We are delighted to say that our donation drive for @Glasgow_NW_FB at Saturday's match resulted in an incredible:

- £976 in cash donations
- 97 kg in food and toiletries donations

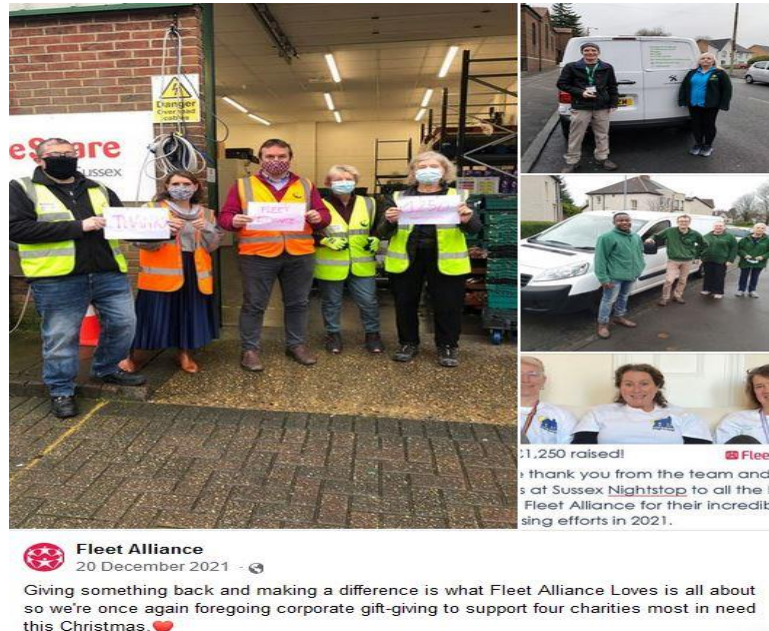
Thanks to each and every @PartickThistle and @DundeeFC supporter who donated ❤️💛



We have built up a strong relationship with Partick Thistle Football Club through 'Jags for Good'

Fleet Alliance

Our gratitude to Fleet Alliance is sincere and ongoing. In 2016 Fleet Alliance very generously donated a van for the use of the foodbank, improving our ability to collect supermarket donations and deliver food to our foodbank centres. The work we do would be impossible without it.



Referral Agencies

Our relationship with a large number of referring agencies is also of prime importance to us. During the pandemic, many of the offices used by these agencies were closed, and support workers were working from home. These stringencies helped to accelerate the move already begun, from paper based referral slips, to E-vouchers. This in turn helped to simplify the process for clients, who only needed to turn up at the foodbank with a referral code, which can be generated electronically and issued to the client's phone by the care worker supporting them. A table of the referral agencies we worked with in 2021 can be found in Appendix B.

Work with other charities

It's always a challenge to match the stock we receive with the clients we serve. Last year we were gratified to take in more donations of some products than we were able to distribute directly to clients. Fortunately we have built up contacts both with nearby foodbanks and with a number of other local charities whose work involves supporting people in crisis. The charities we worked with last year and who received our excess donations are listed in Appendix C.

THE BIGGER PICTURE

The Trussell Trust www.trusselltrust.org is an NGO and charity that works to end the need for food banks in the United Kingdom. It supports a network of foodbank centres to provide emergency food and compassionate, practical support to people in crisis, while campaigning for long-term change to the structural issues that lock people into poverty. Its main office is in Salisbury, England. The Trussell Trust support over 1,200 foodbank centres across the UK, providing emergency food and support to people locked in poverty. Foodbank centres in the Trussell Trust network account for roughly two-thirds of all

emergency foodbank provision in the UK. Between April 2022 and March 2023, food banks in the network provided almost 3 million food supplies to people in crisis, a 37% increase on the previous year. One of the latest pieces of research undertaken by the Trussell Trust has shown that nearly half of people referred to food banks are facing hardship due to government deductions from their benefits. [Debt and deductions fact sheet \(2022\)](#).



Fresh bread donated by Hovis is distributed by the Sikh community from Glasgow Gurdwara

BASIC UNDERLYING PRINCIPLES

The Trussell Trust was founded on Christian principles. Glasgow NW Foodbank, like many others, is based in a church. We serve everyone in our communities who is in need, belonging to any faith and none, but at the same time we have a natural affinity with other churches and indeed all faith groups. We welcome the opportunities our charitable outreach has given us to meet fellow Christians of many denominations, as well as Moslems, Sikhs, Jews and members of other faith groups in the course of the year, and to recognise the great deal we have in common in terms of values, principles and beliefs, as we strive to alleviate food poverty in Glasgow.

(Rev) G. Melvyn Wood, Chair of Foodbank and Trustees

REFLECTIONS FROM THE TEAM

FROM OUR MANAGEMENT TEAM:

I have been with the Foodbank over two years now. There have certainly been challenges during that time. Firstly with Covid and now a cost of living crisis. I feel fortunate that we are able to support people during these difficult times with food, fuel, support and advice.

Hopefully we can continue to provide this wrap around support to people coming to Glasgow NW Foodbank. The Foodbank itself is facing its own challenges right now, with

donations down and the number of people coming through our doors going up, but we will continue working hard to meet the demand.

Shona Simm, Foodbank Manager



Michelle and Shona catching up with Jags for Good in the Warehouse

It was with great sadness for me personally that we saw the distribution centre at Ruchill come to an end which posed some difficulties for us in trying to find a new premises.

After knocking on several doors to no avail we felt to ask the Pastor at our new site which is held in the Victory Family Centre if we could host the Foodbank there on a Thursday too. Roy and his team were delighted to have us again for the second day and so the work began.

All at the Victory Family Centre have been tremendous hosts and the volunteers have been exceptional. Having a heart and a passion for the Community in which we serve has made the transition from Ruchill for us as a foodbank, existing clients and new ones, an easy transition to say the least.

In the current cost of living crisis we have found more people engaging with us through becoming a Fuel Bank. This has opened up opportunities for us to advocate for our clients where maybe they were paying back an unaffordable amount for fines, debts, bills and so on and so forth - which has indeed had a positive outcome for them.

We thank God for the provision we have received in the past year and look forward in hope for the year ahead that we can continue to be a help and a voice for those in need.

Michelle Kellett-Smith, Project Development Officer / Outreach Worker

FROM OUR VOLUNTEERS:

It has been a great opportunity for me to do something productive of help. Moreover, I am very grateful to work with a considerate and generous team. Everything is very well organised.

Shiva

It is such a pleasure to work in the Foodbank and we are so blessed by people's generosity with food and the money they donate - and to work with such a great team.

Agnes

Thank you so much for having me as a member of the Foodbank team - thank you, everyone.

Yam

FROM OUR HOSTS AT POSSILPARK:

We at Victory Family Centre are so thrilled to be part of Glasgow NW Foodbank since February 2022.

Our five volunteers at VFC are happy that we can be a blessing to the community that has great needs, especially during this time of high cost of living and with energy costs going up.



We are not only giving food away, but it is also an opportunity to engage with service users as they open up and share about their need and frustrations - physical, emotional and spiritual.

Special thanks to Michelle and Michael who have been a great asset to the running of this Foodbank.

Roy Varghese, Pastor, VFC Glasgow

AIMS FOR 2023

In our last annual report, we noted that we were emerging from the Covid-19 pandemic, with all the disruption that brought. The worsening cost of living crisis presents challenges and unknown factors make planning difficult. Nonetheless these are our aims for 2023:

- Assess the needs of our clients and provide them with appropriate three day emergency food parcels.
- Maintain stock of a nutritionally balanced range of food, liaising with other food banks to share excess and address gaps.
- Recruit and train volunteers to engage with clients to establish what their underlying cause of crisis is, identify and refer/signpost to other support agencies.
- In cases of crisis, provide support and advocate for individuals during transition from food bank to benefits.
- Consolidate the work of the Fuel Bank working alongside the Foodbank, in view of the escalating cost of fuel which impacts most severely on those we already serve.
- Overtake the backlog of Safeguarding training caused by the Covid pandemic.
- Monitor changes in local churches so as to ensure the continuation of effective, local foodbank provision in NW Glasgow.
- Continue to seek out new opportunities to address poverty, particularly food poverty, in NW Glasgow, working with our volunteers, collaborating with new and existing referral agencies, partners, donors and supporters.



We are grateful to all our donors – pictured, reps of GHK Hockey Club

THANK YOU!

2022 was a year of ongoing challenge and change, particularly in the opening of one distribution centre and the closing of another. We continued to rely on an amazing team of staff and volunteers to help us in various different ways, to ensure that there was food and support for those that needed our help. Our statistics, while down on 2021 for various reasons, continue to show that the need is great for the support of our many friends and donors. There is much still to be done at local and national level to eradicate food poverty. We have every reason to believe that the need for our services will continue, as economic realities show little sign of improvement and events on the world stage result in continuing cases of people fleeing war and poverty, and needing our compassion and support to get back on their feet. There is much work to do, and we could not do it without the dedication of all our supporters.

Thank you!

The Management Team

APPENDIX A

DONATIONS of food and toiletries (in Kg) were generously given by:

Tesco Maryhill Extra	12087	Sainsbury's Braehead	8040
Sainsbury's Partick	6165	Tesco Knightswood	3323
Waitrose Byres Road	3133	Tesco Byres Road	2108
Anonymous Individuals	1889	Sainsbury's Novar Drive	1726
Sainsbury's Braehead PCP	1709	Co-op Alderman Road	1232
Sainsbury's Crow Road	1131	Spareable	769
Tesco Knightswood Metro	628	Waitrose	610
Glasgow Uni Celtic Supporters	501	Heart of Scotstoun CC	371
Broomhill & Hyndland Church	368	Struthers Memorial Church	365
GHK Hockey Club	317	Superdrug Crow Road	311
Murano Student Village	305	Strathmore Court	298
Hyndland Primary School	288	Firhill collection	288
Kelvinside Academy	284	Broomhill Primary School	267
Bankhead Primary School	264	Denholm Energy Services	254
Kelvindale Primary School	253	Jordanhill Parish Church	217
Virgin Money Legal Team	209	Jags for Good	196
Keystore Baldwin Avenue	176	Grand Central Hotel	165
The NAV People	165	SECC	154

Filshill	143	Dil Ditton	136
Beatson Cancer Centre Clinical Tr.	131	Lodge The Gael 609	128
Young Celtic Supporters	126	Maryhill Ladies Bowling Club	125
Aviva	115	Young Communist League	112
STV	111	Ahmahiyya Muslim Elders Assoc	104
Owen Farish	102	Tesco Queen Express	101
Enlightened Christian Gathering	93	Hilton Worldwide	92
Newton Property Management	85	Blawarthill Churh	85
Luke Hills	85	Corpus Christi RC Church	84
Amy Gormley	78	Amy Campbell	73
Any Cunningham & Sam Tetlow	73	Kuljeet Arora	72
Qualitrol	71	Reprocell, Todd Campus	71
Joe Corrigan	70	James Johnstone	68
Tesco Bank	67	APH Hydraulic Ltd	67
Yoker Parish Church	61	Old Kilpartick Foodbank	61
DSSR	61	Paula Cousins	53
Clydebank College Campus	52	Buddies Nursery	52
Premier, Hawthorn Street	52	School of Physics & Astronomy	51
Keystore, 2267 G W Road	51	Tricia McCall	51
Kalpesh Mistry	49	Caroline Stroud	48
Anniesland Medical Practice	47	National Theatre of Scotland	46
Taylor Wishart	45	BAE Systems	45
Beattie Demolition	44	Radar Solicitors	43
Peter Millen	43	Knightswood Congregational Church	42
Greenacres Nursery	40	Sally Lockwood	39
Bruce Cochran	39	Western Lettings	38
Turning Point	37	Turnbull High School	36
Rhiannon Armstrong	36	Rachel Lawson	33
Scottish University Snowsports	32	Mr Jackson	30
Mark Underwood	26	ENVA	26
St Paul's Church, Shettleston	25	Drummond & Miller	23
Jordanhill Guild	23	Christine Burke	23
Bank of Scotland	22	Todd Campus Science Park	22
Poundland store	22	Novar Nursery	21
Expectation TV	21	Social Work - Church Street	21
Anne Harris	20	Daniel Brown	19
Superdrug Byres Road	17	Liz Andrews	17
David Denholm	17	Victoria Park Junior Run	17
Mrs Affleck	17	Scratchy Noises	13
Superdrug Buchanan Galleries	12	Hyndland Parish Church	12
Rev John Harris	12	Andrew Dayer	11
St John's Renfield Church	7	Other Individual Donors	4-10 Kg

APPENDIX B

THE REFERRAL AGENCIES WHO WORKED WITH US:

(Agencies who made more than one referral in 2022, highest to fewest)

Glasgow Council for Voluntary Sector	Turning Point FHOSS Firhill
Scottish Refugee Council	Maryhill Integration Network
Turning Point FHOSS Scotstoun	GHA Clydeside Office, Kingsway Court
Job Centre Plus Partick	Kingsway Community Connections
Queens Cross HA, Firhill St.	British Red Cross
Caledonian Team, Criminal Justice	CAB Glasgow Central
Wheatly Care Tenancy Support	Homeless Families Health Care Team
NHS Possilpark Health Care Centre	Health Visitors, Plean Street Clinic
We Are With You	NG Homes
Job Centre Plus Springburn	Rape Crisis Unit
Social Work NW CAT Woodside	Social Work Church Street
Yoker Housing Assoc	Maryhill Housing Assoc
Maryhill Barclay Medical Practice	Kingsway Medical Practice
Pennan Place Medical Practice	Bob Doris MSP Constituency Office
G20 Youth Festival	GHA Dykebar
Whiteinch & Scotstoun Housing Assoc	DWP Glasgow City Central Job Centre
LINKES	Glasgow City Mission
Social Work all services	Queens Cross HA Wilton Street
The Wise Group Community Justice	Blawarthill Parish Church
Springburn Job Centre	Shelter Scotland
Cairntoul Medical Practice	Glasgow Women's Aid
Salvation Army Housing First	Social Work CMHT Dumbarton Road
NW Social Work, Gullane Street	Springburn Health Centre
Routes Out	Glasgow Psychological Trauma Service
CAB Glasgow NW	Aberlour Family Support Services
Clydebank Health Centre	Community Centre for Health Partick
Community MacMillan Palliative Care	Turning Point Scotland FHOSS Maryhill
Positive Action in Housing	Carr Gomm
CPN Springbank Centre	Stepping Stones for Families, Flem Ho.
Enable Scotland	DRC Generations
Kingstwood Primary School	Glasgow West HA
Includem	SACRO
Social Work Shawpark Resource Centre	Aspire QMD
Riverside Resource Centre	Allander Surgery
Enhanced Nurture Provision	Drumchapel Health Centre
Social Work NW ADRS Hecla Square	Barclay Medical Practice
Apex Scotland	Turning Point Glasgow Housing First
Knightswood Medical Practice	CAB Drumchapel
Ruchill Kelvinside Church	Choiceworks GCC
Quarriers NW Carers	Children 1 st
The Big Issue Foundation	Health & Social Care Direct

Glasgow Assoc for Mental Health	Soc of St Vincent de Paul, St Brendan's
Aspire, Garscube Road	Yoker Medical Centre
SAMH Community Directions	Aberlour the Bridges
Social Work NW Mansion Street	Turning Point Moving On Maryhill
Street Connect	Turning Point Moving On Drumchapel
Wheatly Tenant Partnership	Action for Children NGFST
SACRO Garden Project SHINE mentoring	Glasgow Mutual Aid
Ukrainian Resettlement Team	Wheatly Homes Garscadden
North Glasgow Integration Network	ADRS
GHA Summerston	Arndale Resource Centre
Waverley Care	NW Community Mental Health Team
Fulton Street Medical Centre	GAMH
Maryhill Health Centre	Clyde Quay Project
QEUH	GHA Tower Homes
Families Outside	Survivors of Human Trafficking in Scot
Carol Monaghan MP	SIMY
SISCO	Yorkhill Housing Assoc
Glasgow Caledonian University	Partick Housing Assoc
Social Care Direct	Aberlour Youthpoint Glasgow
Clydebank Social Work	Family Nurse Partnership
Future Pathways	Keppoch Medical Practice
Maggies Centre	Rosemount Lifelong Learning
Social Work Child Health & Disability	COPE Scotland
Epilepsy Connections	Gamcare
Glasgow Disability Alliance	Housing First
Shawpark Resource Nursing	Social Work OPPD
Stobhill Hospital Social Work	Wheatly Care Crown Street
Cranhill Development Trust	Glasgow Assoc for Mental Health
Horizon Housing Assoc	Money Matters
South Seeds	Trust Housing Assoc
Elevate	Cube Housing Assoc

APPENDIX C

EXCESS STOCK WAS DELIVERED TO:

CHARITY	WEIGHT (Kg)
Non Trussell Trust foodbanks or similar	4008
GCVS	2940
Cornerstone	409
Jumping Jacks	366
Refuweegee	304
Glasgow SW Foodbank	69
Cowcaddens Day Nursery	51

APPENDIX D

PARCELS ISSUED PER CENTRE:

YEAR	Blawarthill	Ruchill	VFC Possilpark	Total
2020	5588 (64%)	1199 (14%)	0	8728
2021	6281 (89%)	793 (11%)	0	7074
2022	3797 (68%)	1214 (22%)	543 (10%)	5554

APPENDIX E

YEAR ON YEAR COMPARISON:

YEAR	TOTAL DONATIONS Kg.	TOTAL VOUCHERS	TOTAL PEOPLE HELPED	TOTAL MEALS DISTRIBUTED
2022	58,115	2,701	5554	49,986
2021	68,726	3105	7074	63,666
2020	99,770	4234	8728	78,552
2019	74,640	6402	10,205	91,845
2018	72,558	6316	9929	89,361
2017	77,878	4273	9028	81,252
2016	56,828	2480	5932	53,388
2015	45,161	1826	4069	36,621
2014	40,298	1761	4153	37,377
2013	20,558	1023	2284	20,556

APPENDIX F

FINANCIAL OVERVIEW:

Glasgow NW Foodbank funds are held in the accounts of Blawarthill Parish Church. Foodbank monies are held in a separate, restricted fund, and are applied only for foodbank purposes. In 2022, the year's opening balance was £226,554, and the closing balance £318,979. The increase in the fund can be attributed to continued support from established and new donors and grant giving bodies. We have such generous and thoughtful donors who give what they can, from £3 to £300 per month. Our Foodbank does not pay rent, utilities, or insurance (including public liability insurance), thanks to the support and generosity of Blawarthill Parish Church congregation, although a donation is made to Blawarthill for fabric maintenance in the areas used by the Foodbank.

It is the Trustees' policy to hold reserves of approximately three months general expenditure and this equates to a minimum reserve of approx. £35,000. The full 2022 Annual Report and Accounts of the parent charity can be accessed at:

<https://www.blawarthillchurch.org/documents> .

Liz Glen, Treasurer.